



BD Blue Bells Public School

Sector-10, Gurugram

E-NEWSLETTER

April– June 2026



Phone No.: 9811945543
9811868241/242



Website :
bluebells.org/bbpublic



Email:
bbpublic@bluebells.org



[Facebook@bbpublic1](https://www.facebook.com/bbpublic1)



[Instagram@bbpublic1](https://www.instagram.com/bbpublic1)



YouTube Blue Bells Public School

ADMIRABLE HONOURS

CELEBRATING ACADEMIC EXCELLENCE

CBSE CLASS XII RESULTS (2025-2026)

THEIR MOMENT OF GLORY



Ayshi Gupta
96.8%



Ojas Arora
96.8%



ADMIRABLE HONOURS

CELEBRATING ACADEMIC EXCELLENCE

CBSE CLASS XII RESULTS (2025-2026)

THEIR MOMENT OF GLORY



Aditya Garg

95%



Vyom Gupta

94.2%



ADMIRABLE HONOURS

BEST OF THEIR STREAM



**SCIENCE
TOPPER**

AYSHI GUPTA

96.8%%



**COMMERCE
TOPPER**

OJAS ARORA

96.8%%



**HUMANITIES
TOPPER**

TANISHKA BHAMBHU

93.6%%

ADMIRABLE HONOURS

THE 95% CLUB



AYSHI GUPTA

96.8%



OJAS ARORA

96.8 %



ADITYA GARG

95%

ADMIRABLE HONOURS

THE 90% CLUB



VYOM GUPTA

94.2%



PARAS LUTHRA

93.8%



TANISHKA BHAMBHU

93.6%



MANNAT KAUR

93%



SANYAM SANDHU

92.8%



SAISHA KAPOOR

92.6%



GAURI MARWAHA

92.6%



NAVYA

92.4%

ADMIRABLE HONOURS

THE 90% CLUB



SOUMYA YADAV
92.4%



VEDIKA
92%



DIKSHA YADAV
91.8%



NITIN GARG
91.6%



MAHI PAHUJA
91.6%



RAJAT GOEL
90.6%



GEET KAUSHIK
90.2%



CHIRAG YADAV
90.2%

ADMIRABLE HONOURS

Celebrating Academic Excellence

CBSE CLASS X RESULTS (2025-2026)

SCHOOL TOPPER



YATHARTH GAUR

99.6%

ADMIRABLE HONOURS

Celebrating Academic Excellence
CBSE CLASS X RESULTS (2025-2026)

SCHOOL TOPPER



SAMYA SHARMA

99.2%



BHAVESH JHA

99%

ADMIRABLE HONOURS

THE 95+ CLUB



YATHARTH GAUR
99.6%



SAMYA SHARMA
99.2%



BHAVESH JHA
99%



PRABHAV KALSI
98.8%



ASHIKA GOYAL
98.8%



ARATRIKA RANA
98.4%



AVNEET MISHRA
98%



DAKSH YADAV
98%



VEDANT CHAKRAVARTI
97.8%



SAANVI NIGAM
97.8%

ADMIRABLE HONOURS

THE 95+ CLUB



ISHAAN SINGH

97.8%



NANDINI KAUSHIK

97.6%



NEVIAA YADAV

97.6%



MANSI CHAUHAN

97.4%



SWAROOP KUKADE

97.4%



ASHUTOSH NAIR

97%



SWASTIK AGGARWAL

96.8%



KAAVYA SHARMA

96.4%



NAMAN MITTAL

96.2%



ISHITA HALDER

96.2%

ADMIRABLE HONOURS

THE 95+ CLUB



VANSHIKA DHINGRA
96%



HIMANSHI CHAUHAN
96%



DEVANSHI SHARMA
95.8%



SHREYA RAVI SRIVASTAVA
95.8%



DEVIK KATARIA
95.6%



ADIT GUPTA
95.2%



ARHITA SRIVASTAVA
95.2%



AVANI PURI
95%

TABLE OF CONTENT

02

[Academic Achievers](#)

14

[Message](#)

16

[Hall of Fame](#)

23

[Inter-School Achievements](#)

30

[Cyber Security](#)

43

[Tour & Travel](#)

51

[Learning & Development](#)

59

[Celebrations](#)

89

[Health & Wellness](#)

From the Principal's Desk



Beyond Academics: Nurturing Minds, Building Character

As we complete the first quarter of the academic session 2026–27, it is an opportune moment to reflect on our journey thus far and look ahead with renewed purpose and enthusiasm. The summer break, which offered our students a welcome pause from routine, now stands behind us as we return to school refreshed, re-energized, and ready to embrace new opportunities for learning and growth.

School life is a remarkable phase of growth and discovery. It is a time when young minds are shaped, thoughts are channelized, talents are nurtured, and personalities begin to take form. Every lesson learned, every friendship blossomed, every challenge overcome, and every achievement celebrated, contributes to the development of the individual. A holistic education extends far beyond academic instruction and examination scores.

At BD Blue Bells Public School, we firmly believe that education is complete only when it prepares children not merely for examinations, but for life. Academic excellence is undoubtedly important, but it must be complemented by values, emotional strength, and essential life skills. Knowledge enables students to solve problems, while character empowers them to make the right choices.

A child may excel in Mathematics, Science, Languages, or any other subject and emerge as a high achiever academically. However, if we fail to nurture qualities such as empathy, resilience, integrity, communication, collaboration, adaptability, and responsibility, that success may not translate into a truly fulfilling and meaningful life. The ultimate purpose of education is not only to develop capable minds but also compassionate hearts.

In today's fast-paced and ever-evolving world, mental well-being has emerged as one of the most important foundations of success and happiness. While physical health remains essential, a healthy mind enables children to face challenges with confidence, manage emotions effectively, build meaningful relationships, and maintain balance amidst increasing expectations.

Emotional intelligence, self-awareness, and the ability to cope with setbacks are qualities that will serve our children throughout their lives.

As parents and educators, our shared responsibility is to create an environment where children feel valued, heard, respected, and supported. The encouragement they receive, the conversations they have, the examples they observe, and the opportunities they are given to think independently all contribute significantly to their emotional and social development. Together, we can help our children grow into confident, compassionate, and responsible individuals who are prepared not only for careers but for life itself.

As we move ahead in the session, our school community eagerly looks forward to one of its most prestigious and anticipated events: BDBBPS MUN 2026, scheduled for 8th and 9th August 2026. The excitement among our students is already palpable as delegates prepare to research global issues, represent nations, and engage in meaningful dialogue. Beyond debates and resolutions, Model United Nations serves as a powerful platform for developing confidence, communication skills, critical thinking, leadership, teamwork, diplomacy, and empathy. It encourages students to appreciate diverse perspectives and seek solutions through discussion and collaboration, qualities that we at BDBBPS, consider indispensable in today's interconnected world. Events such as BDBBPS MUN exemplify our commitment to holistic education. They provide students with opportunities to step beyond the classroom, discover their potential, and cultivate the skills required to become thoughtful, responsible, and globally aware citizens.

The future belongs not only to those who are academically accomplished, but also to those who can communicate effectively, think independently, adapt to change, lead responsibly, and collaborate meaningfully with others. Together, let us continue to nurture a generation that is confident yet humble, ambitious yet compassionate, and successful yet firmly grounded in values.

I extend my sincere gratitude to our parents for their continued trust and partnership, and I encourage our students to embrace every opportunity that comes their way—with curiosity, courage, integrity, and a commitment to continuous growth.

Wishing our entire BD Blue Bells family a productive, enriching, and inspiring term ahead.

Warm regards,

Roopali Kudesia

Principal

BD Blue Bells Public School

Sector 10, Gurugram



HALL OF FAME

April 07, 2026

Distinguished Recognition at the ET Women Conclave Awards



We are incredibly proud to share that **Madam Soumya Gulati, Associate Director (Academic Development & Innovation), BBGS**, was recognised as a **Changemaker in Education Leadership** at the prestigious **ET Women Conclave Awards 2026**, an honour that speaks volumes about her dedication, vision, and the lasting impact she creates every single day.

June 13, 2026

Avishkaar League Internationals, Malaysia



**Neural Nexus Shines at
Avishkaar League Internationals: Malaysia**

April 27, 2026

Proud Moment for BD BBPS!



The school celebrates a moment of immense pride as our bright and hardworking student, **Paaras Luthra**, has secured an **outstanding 97.13 percentile** in the **JEE (Main) 2026 examination** conducted by the National Testing Agency.

May 10, 2026

Achievement of Alumnus - Saksham Yadav

Saksham
Yadav
Class of
2021



Saksham Yadav, Class of 2021, secured an impressive AIR 544 in SSC CGL 2025 and earned the prestigious position of Assistant Section Officer in the Ministry of External Affairs.

May 10, 2026

Achievement of Alumnus - Abhimanyu Yadav



Abhimanyu
Yadav
Class of 2021

Abhimanyu Yadav, Class of 2021, secured **AIR 2** in the **Combined Defence Services Examination 2025** and has been selected for the Indian Military Academy as a Lieutenant.

This exceptional feat reflects his dedication, discipline, leadership, and spirit of service towards the nation. Abhimanyu's achievement is a matter of immense pride for the entire school community and an inspiration for students to strive for excellence with courage and determination.

May 10, 2026

Achievement of Alumnus - Avni Yadav

Avni Yadav
Class of 2019



Avni Yadav, Class of 2019, has successfully cleared **SSC CGL 2025** and secured the prestigious position of **Assistant Section Officer in the Central Secretariat Services.**

Her accomplishment is a reflection of her dedication, perseverance, and academic excellence. Avni's success stands as an inspiration for young learners, proving that determination and focused efforts pave the way to extraordinary achievements.

ACHIEVEMENTS



April 27, 2026

Delhi State Karate Championship 2026



Samarth Kumar showcased exceptional skill, discipline, and determination at the **Delhi State Karate Championship 2026** for Sub Junior, Cadet & Junior, organized by the Karate Association of Delhi.

Competing in the 14 Years Boys (-70 kg) Kumite category, Samarth demonstrated commendable strength and focus, earning a well-deserved Merit Participation Certificate and bringing honour to the institution.

May 05, 2026

BD Blue Bells Clinches Silver at 'Voices Alive' at DAV Public School, Sec-14, Gurugram

BD Blue Bells
Public School wins
2nd Prize at
'VOICES ALIVE'
Podcast
Competition!



Congratulations
Bhavika Sharma &
Nitasha Bhutani
(IX-A) for an
outstanding podcast
presentation!



In a stunning display of intellectual depth and narrative flair, **Bhavika Sharma and Nitasha Bhutani** secured the **Second Prize** at the prestigious Inter-School competition, **'Voices Alive: Live Podcast on Indian Authors'** at DAV Public School, Sector 14, Gurugram.

May 14, 2026

First Position in Resonance @ DAV Public School, Sec-49, Gurugram



Kashvi Chauhan of Class IV secured **First Position** in 'Twist a Tale' at the Inter-school Competition 'Resonance 2026', held at D.A.V. Public School, Sector 49, Gurugram.

Olympiad Success 2025–26: Celebrating a Love for Learning

543 students. 199 medals. One extraordinary story of aspiration, effort, and achievement.

This year, Blue Bellians turned curiosity into accomplishment, making their mark in the SOF, SilverZone, Green Olympiad, Orange Global, and Little Star SilverZone Olympiads.

17 Medals of Distinction

147 Gold Medals

27 Silver Medals

8 Bronze Medals

**Little minds.
Big achievements.**



PRE PRIMARY WING



OLYMPIAD

Achievers

2025- 26



**Curiosity, confidence
and medals to match.**



PRIMARY WING



**Growing through
every competition.**



MIDDLE WING

**Turning knowledge
into accomplishment.**



SENIOR WING



CYBER SECURITY



CYBER SAFETY WORKSHOP



The school continues to champion digital responsibility as a core life skill, reinforcing its commitment to creating aware and empowered learners. As part of this vision, a Cyber Safety Workshop was conducted on May 12, 2026, on the occasion of National Technology Day, led by Dr. Rakshit Tandon, Cyber Security Expert, under the guidance of Ms. Anshuka Aneja, Associate Director, BBGS.

Student representatives of the Cyber Council from the Senior Wing conducted an interview with Dr Rakshit, posing insightful questions about navigating the digital world safely and making responsible online choices. This was followed by thoughtfully structured sessions for Classes IX–XII and Classes V–VIII, wherein students were guided through simple, practical strategies for online safety. Dr. Rakshit highlighted how everyday actions like creating strong passwords, avoiding unsecured public Wi-Fi, and safeguarding personal information can significantly reduce risks. By sharing examples of the latest online scams and common tactics used by fraudsters, he made students aware of how easily people can be misled. He also sensitised students about gaming apps and the age criteria they must follow. His relatable and engaging approach ensured that learners became more alert and responsible digital users.

The workshop concluded with a Vote of Thanks, reaffirming the school's continuous and focused efforts to nurture informed, responsible, and resilient digital citizens.



CYBERX-EK BHARAT, SURAKSHIT DIGITAL BHARAT

In CyberX – “Ek Bharat, Surakshit Digital Bharat”, a prestigious National Collaborative Cyber Awareness & AI Summit hosted virtually by Delhi Public School, R.K. Puram from March 27 to 29, 2026, Mantavya Saraswat of Class VII secured an outstanding Second Position at the national level, bringing great honour to the school.

The team, guided by Teacher In-Charge Ms Anju Luthra, participated under the inspirational mentorship of Ms. Anshuka Aneja, Associate Director – IT, BBGS, whose vision and guidance played a pivotal role in this achievement. All participants were also awarded certificates in recognition of their enthusiastic involvement.



CERTIFICATE OF PARTICIPATION



Proudly presented to

BD BLUE BELLS PUBLIC SCHOOL

For participating in "Ek Bharat, Surakshit Digital Bharat" – A
National Collaborative Cyber Awareness & AI Summit held
from 27 to 29 March 2026 by Delhi Public School R.K. Puram

Ms. Sarika Kaushal
In-Charge
CYBERX CLUB

Mr. Anil Kumar
Principal
DPS R.K. PURAM



CERTIFICATE OF EXCELLENCE



Proudly presented to

MANTAVY SARASWAT

of

BD BLUE BELLS PUBLIC SCHOOL

For securing **2nd position** in "Ek Bharat, Surakshit Digital Bharat"
– A National Collaborative Cyber Awareness & AI Summit held
from 27 to 29 March 2026 by Delhi Public School R.K. Puram

Ms. Sarika Kaushal
In-Charge
CYBERX CLUB

Mr. Anil Kumar
Principal
DPS R.K. PURAM



CERTIFICATE OF MENTORSHIP



Proudly presented to

ANJU LUTHRA

of

BD BLUE BELLS PUBLIC SCHOOL

For mentoring students at "Ek Bharat, Surakshit Digital Bharat"
– A National Collaborative Cyber Awareness & AI Summit held
from 27 to 29 March 2026 by Delhi Public School R.K. Puram

Ms. Sarika Kaushal
In-Charge
CYBERX CLUB

Mr. Anil Kumar
Principal
DPS R.K. PURAM



BD BLUE BELLS PUBLIC SCHOOL EMERGES AS A BEACON OF INNOVATION AT STEAM EXPO 2026

A moment of immense pride and celebration! Vedika of Class V and Roshika Thakur of Class IV secured the Second Prize at the event ‘Transform: Young Innovators Showcase’, part of the Inter-school STEAM Expo 2026 hosted by The DLF School Ridge Valley.

Addressing the pressing global challenge of waste mismanagement, they presented a brilliant, future-ready solution in the form of an AI-integrated smart dustbin capable of detecting and segregating wet and dry waste. This thoughtful invention reflected a powerful blend of environmental awareness and technological application, turning a simple daily activity into a meaningful step toward sustainability.



Our star performers- **Vedika of Class V** and **Roshika Thakur of Class IV** were felicitated for winning the **Second Prize** at the event '**Transform: Young Innovators Showcase**'.

EXCEPTIONAL PERFORMANCE IN CYBERBUZZ 2026

The tech prodigies of the school brought extraordinary glory to their alma mater at **Cyberbuzz**, the prestigious **Inter-school IT Competition** hosted by Amity International School, Sector 43, Gurugram, on May 14, 2026. The school team competed under the visionary mentorship of **Ms. Anshuka Aneja, Associate Director - IT, Blue Bells Group of Schools**, a guiding force who transforms potential into excellence.

Blue Bellians walked in as competitors. They emerged as champions. The accomplishment is a resounding declaration of the brilliance that Blue Bells nurtures every single day.

Samya Sharma of Class XI seized the **First Prize in Trial by Combat (Group Discussion)**, commanding the room with rare poise, razor-sharp intellect, and the kind of articulation that leaves judges and peers alike in silent admiration.

Keshav Chhabra of Class IX captured the **Second Prize in Capture (Photography)**, framing the world through an artist's eye and a born storyteller's instinct turning a single frame into a thousand words.

Karanveer Brar and Nirvi Singroha of Class III clinched the **Third Prize in Flick (Paint 3D)**, proving with quiet conviction that extraordinary talent is ageless and at Blue Bells, champions are made early.

Heartiest congratulations to the students and their mentors, **Ms. Anju Luthra, Mr. Anil Bhardwaj, Ms. Poonam Sharma, and Mr. Bhavya Sharma**, for their dedicated efforts in guiding and preparing them to accomplish this stupendous feat.



BD Blue Bells
Public School

CYBERBUZZ 2026

Inter-School IT Competition





June 27, 2026

Gurugram Police Cyber Security Summer Internship



Our Cyber Security Internship students have officially released their awareness project, PROJECT SEEN, a short film focusing on cyberbullying and online safety for young girls and teenagers

Project Link :

https://www.instagram.com/reel/DZ_roLApO8z/?igsh=dTF0YjhmY3o2MGoz

CYBERSECURITY

Secure

Networks

DATA

Attacks

Protect

Computer

VIRUS

CYBERATTACKS

HARDWARE

SPYWARE

Bootkits

DIGITAL

PROTECT

SOFTWARE

Vulnerability

PHISHING

BackDoors

PayLoads

WEBSHELLS

Protection

Information Technology

Ransomware

VIRUS

Tour & Travels



Camp to Barot Valley (VI-VIII)

Look deep into nature, and then you will understand everything better.

A five-day camp to the picturesque Barot Valley was organized for classes VI-VIII, blending adventure with self-discovery. The action-packed expedition featured thrilling challenges like a hike to Lapas Waterfall, ziplining, bridge slithering over the Uhl River, and conquering the Burma Bridge.

Practical learning included hands-on workshops on tent pitching and rope skills. Students also explored the scenic Barot Dam and local market. Evenings came alive with team-building exercises, cultural programs, and joyful bonfires under the starry sky.

The young adventurers returned to school safely, arriving as more confident individuals who learned invaluable life lessons and formed stronger bonds in nature's classroom.



Outdoor Excursion for Classes IX & X

Nature teaches more than any classroom, if we have the eyes to see and the heart to learn.

BDBBPS organised an exhilarating five-day outstation trip for **Classes IX-X to Ranikhet and Nainital** from **May 28 to June 1, 2026**. During their stay, students engaged in vital team-building activities and outdoor survival courses, including shelter-making and wilderness cooking. The adventure intensified with tree jumaring, rappelling, and zip-lining, fostering both resilience and teamwork. The excursion also featured cultural exploration in Nainital, including visits to the Naina Devi Temple and the vibrant Mall Road, before concluding with a serene trip to Sattal. The journey beautifully blended experiential learning, adventure, and unforgettable memories.





Educational Trip to Dalhousie, Khajjiar & Chamba

“Exploring, Learning, Growing: A Journey to Remember”

The students of classes XI and XII of BD Blue Bells Public School recently embarked on an enriching educational trip to **Dalhousie, Khajjiar, and Chamba**, experiencing the perfect blend of learning, exploration, and adventure.

Surrounded by the breathtaking landscapes of the Himalayas, students had the opportunity to discover the scenic beauty of Dalhousie and Khajjiar while gaining insights into the rich cultural and historical heritage of Chamba. During the trip, they visited several notable attractions, including **Panchpula, Dalhousie Mall Road, Khajjiar Valley, Maa Pohlani Temple at Dainkund Peak, and the historic Laxmi Narayan Temple in Chamba.**

Beyond sightseeing, the journey provided valuable learning experiences outside the classroom. It encouraged teamwork, self-reliance, and responsible travel while fostering a deeper appreciation for nature, history, and local traditions. The trip not only broadened students' horizons but also created lasting memories and strengthened bonds among peers and teachers.





LEARNING & DEVELOPMENT



LEARNING AND DEVELOPMENT DEPARTMENT



At **Blue Bells Group of Schools**, continuous professional learning is at the heart of educational excellence. This edition of the Learning & Development Newsletter showcases a series of enriching workshops and collaborative initiatives conducted during May and June 2026 under the able guidance of **Ms. Soumya Gulati, Associate Director – Academic Development and Innovation**. The sessions were aimed at empowering educators with innovative pedagogical practices, curriculum alignment, experiential learning strategies, and meaningful assessment techniques. These professional development programmes reflect our collective commitment to fostering reflective teaching, collaborative learning, and student-centred classrooms, ensuring that every educator continues to grow, inspire, and make learning more engaging and impactful.

★ HIGHLIGHTS ★



14 professional development sessions conducted across May and June 2026



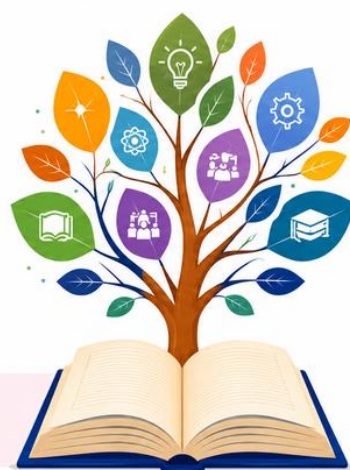
Educators from Pre-Primary to Grade XII participated



Focused on Mathematics, English, Hindi, Assessment, and Classroom Pedagogy



Promoted experiential learning, curriculum coherence, collaborative planning, and reflective teaching practices



Engaging Classrooms



A two-day workshop on Engaging Classrooms was conducted for the Pre-Primary Wing on 19th and 20th May 2026 under the guidance of Ms. Soumya Gulati, Associate Director – Academic Development and Innovation, and Ms. Rita Bhandari.

The workshop introduced educators to practical strategies for creating interactive, inclusive, and learner-centred classrooms through role plays, storytelling, play-based activities, music, movement, and collaborative tasks. The sessions emphasised active participation, language development, and experiential learning, equipping teachers with effective practices to foster joyful and engaging learning experiences.



Math Quest: Discovering the Joy and Adventure of Mathematics

Math Quest – Sessions 2 and 3 were conducted on 20th and 27th May 2026 for Middle Years Mathematics educators across Blue Bells schools. Led by Ms. Pooja Nasa and Ms. Pooja Chugh, the sessions focused on strengthening conceptual understanding through inquiry-based, experiential, and hands-on learning.

Through engaging activities, visual models, manipulatives, geometry challenges, and collaborative discussions, educators explored innovative strategies from the new NCERT Ganita Prakash textbook. The workshops reinforced the importance of reasoning, pattern recognition, and mathematical communication, inspiring teachers to create meaningful, joyful, and concept-driven mathematics classrooms.



Mathematics Pedagogy: From Route to Roots



A key highlight of the workshop was the collaborative development of synchronised grade-wise worksheets that demonstrated the gradual progression of mathematical concepts, fostering continuity and deeper conceptual understanding.

A two-day Mathematics Pedagogy Workshop was conducted on 22nd and 23rd June 2026 at the Seminar Hall, BD Blue Bells Public School, for Mathematics teachers from Grades 1–12. Facilitated by Mr. Sandeep Sethi, the workshop focused on strengthening vertical alignment in mathematics instruction and promoting a coherent, concept-based curriculum across grades.

Teachers worked collaboratively in cross-grade teams to map key mathematical strands, including Number Sense, Fractions, Geometry, and Algebra, ensuring the seamless progression of concepts from the primary to senior secondary levels.



The sessions also featured enriching discussions on activity-based learning, the effective use of manipulatives, real-life applications of mathematics, and problem-solving strategies to enhance student engagement and critical thinking. The workshop concluded with a collective action plan to implement the developed resources in Term II, reinforcing the school's commitment to collaborative teaching practices and meaningful mathematics learning.



Reading programme an indepth study



Two professional development sessions were conducted on 20th May and 22nd June 2026 for Primary and Middle School English facilitators. Led by Ms. Aakriti Ohri, the sessions focused on **revisiting annotation practices, strengthening understanding of the Reading Programme progression parameters**, and ensuring the quality, consistency, and effective implementation of the newly developed English Study Guides.

Facilitators explored the progression framework to understand the development of key language skills from Grades III–VIII and collaboratively reviewed the Study Guides to ensure alignment with progression parameters, age-appropriate activities, and learning outcomes. The revised guides were further refined through structured feedback and collaborative discussions.

The second session focused on finalising the Study Guides and planning their classroom implementation. Teachers reviewed Unit I of the prescribed texts, mapped teaching-learning resources, chapter summaries, activities, and instructional timelines while standardising key classroom practices to ensure consistency across grades.

The sessions culminated in the development of a comprehensive annual implementation plan, providing facilitators with a clear roadmap for delivering engaging, structured, and progression-based English instruction across the Primary and Middle School.



हिंदी भाषा शिक्षण में सामान्य अशुद्धियाँ



23 जून, 2026 को लर्निंग एंड डेवलपमेंट विभाग द्वारा हिंदी शिक्षकों के लिए 'हिंदी भाषा शिक्षण में सामान्य अशुद्धियाँ' विषय पर एक दिवसीय कार्यशाला का आयोजन किया गया। कार्यशाला का संचालन हिंदी विषय विशेषज्ञ **सुश्री अंजु वर्मा** ने किया। इसका उद्देश्य विद्यार्थियों द्वारा भाषा अधिगम के दौरान की जाने वाली सामान्य वर्तनी, उच्चारण तथा लेखन संबंधी त्रुटियों की पहचान एवं उनके प्रभावी समाधान हेतु शिक्षकों को व्यावहारिक रणनीतियों से परिचित कराना था।



अनुभवात्मक अधिगम एवं गतिविधि-आधारित शिक्षण पर आधारित इस कार्यशाला में शिक्षकों ने अक्षरों एवं मात्राओं से संबंधित सामान्य अशुद्धियों का विश्लेषण किया तथा शुद्ध पठन, श्रवण, वाचन एवं लेखन कौशल विकसित करने के प्रभावी उपायों पर विचार-विमर्श किया। कार्यशाला के दौरान अनेक रोचक एवं सहभागितापूर्ण गतिविधियों का प्रदर्शन किया गया, जिनमें 'ताली का खेल', 'फ़्लैश कार्ड रेस', 'भाषा जासूस' तथा 'गलत वर्तनी का बाज़ार' विशेष रूप से आकर्षण का केंद्र रहीं।

प्रतिभागी शिक्षकों ने अपने अनुभव साझा करते हुए बताया कि कार्यशाला में प्रस्तुत गतिविधियाँ न केवल विद्यार्थियों की भाषा संबंधी अशुद्धियों को दूर करने में सहायक होंगी, बल्कि हिंदी भाषा सीखने की प्रक्रिया को अधिक रोचक, प्रभावी और सहभागितापूर्ण भी बनाएँगी। यह कार्यशाला शिक्षकों के लिए एक समृद्ध शिक्षण-अनुभव सिद्ध हुई और भाषा शिक्षण को अधिक सशक्त एवं परिणामकारी बनाने की दिशा में एक महत्वपूर्ण पहल रही।



Revisiting Assessments: Building Meaningful and Learner-Centred Assessment Practices(III-V)



A series of workshops on Revisiting Assessments was conducted for Primary teachers (Grades III–V) on 27th & 28th May and 25th & 29th June 2026 at BD Blue Bells Public School. Facilitated by Ms. Preeti Saha, the sessions aimed to strengthen assessment practices by positioning assessment as a tool to support and enhance student learning. Teachers explored the three key purposes of assessment—Assessment FOR Learning, Assessment AS Learning, and Assessment OF Learning—and examined how meaningful assessment can provide effective feedback, promote student reflection, and guide instructional decisions. Through hands-on activities, participants engaged with a range of assessment tools, including rubrics, checklists, portfolios, observations, questioning strategies, peer and self-assessment, conferencing, and performance tasks..



A key highlight was the collaborative subject-wise development of competency-based assessment rubrics, followed by presentations, peer discussions, and expert feedback that deepened teachers' understanding of effective assessment design. The workshops equipped educators with practical strategies to embed meaningful, learner-centred assessment into everyday classroom practice, reinforcing the school's commitment to continuous learning and holistic student development.



Revisiting Assessments: Building Meaningful and Learner-Centred Assessment Practices (Pre-Primary)

The Learning & Development Department conducted a workshop on Revisiting Assessments for the Pre-Primary Wing on 29th May 2026. Facilitated by Ms. Preeti Saha under the guidance of Ms. Soumya Gulati, Associate Director – Academic Development and Innovation, the session focused on strengthening teachers' understanding of learner-centred assessment practices.

Through interactive discussions, classroom-based examples, and hands-on activities, educators explored the three dimensions of assessment—Assessment for Learning, Assessment as Learning, and Assessment of Learning—and their role in supporting children's holistic development. The workshop also emphasised integrating meaningful, skill-based assessment strategies into everyday classroom experiences to nurture both cognitive and affective skills. The session equipped teachers with practical approaches to designing engaging assessment experiences that promote continuous learning, active participation, reflection, and the overall development of every child.



The workshops and collaborative initiatives featured in this edition stand as a testament to Blue Bells Group of Schools' commitment to continuous professional excellence. Under the able guidance of **Ms. Soumya Gulati, Associate Director – Academic Development and Innovation**, these programmes have empowered educators with innovative pedagogical approaches and strengthened a culture of reflective practice, collaboration, and continuous improvement. As we move forward, we remain committed to creating meaningful learning experiences that inspire both teachers and students to achieve excellence.



CELEBRATIONS

April 07, 2026

A Fresh Start, A Confident Step Forward First Assembly | New Academic Session



April 10, 2026

Founder's Day 2026 Celebration



BEGINNING WITH BLESSINGS



FOUNDER'S DAY AT BLUE BELLS



PUTTING GRATITUDE INTO WORDS



CARRYING THE LEGACY FORWARD!



April 10, 2026

Orientation VI-IX 2026

Orientation & Kaushal Bodh Mela at BD Blue Bells Public School:
Building Bridges Between Parents and Students



April 12, 2026

World Health Day: A Journey to Holistic Health



April 15, 2026

Baisakhi Celebration : A Celebration of Spirit, Colour, and Culture



April 15, 2026

A Celebration of Stories, Voices, and Imagination: World Book Day



April 18, 2026

Felicitation Ceremony (Pre-Primary & Primary Wing)



April 18, 2026

Felicitation Ceremony (Pre-Primary & Primary Wing)



April 18, 2026

Felicitation Ceremony (Middle & Senior Wing)



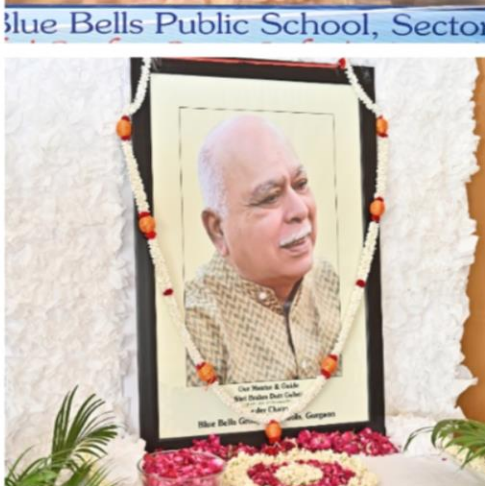
April 18, 2026

Felicitation Ceremony (Middle & Senior Wing)



April 21-22, 2026

BDBBPS Proudly Hosted Shri Brahm Dutt Gulati Memorial Inter-School GPSC Table Tennis Tournament 2026









April 27, 2026

Investiture Ceremony 2026–27: A Celebration of Leadership and Responsibility



April 27, 2026

Investiture Ceremony 2026–27: A Celebration of Leadership and Responsibility



April 29, 2026

Walking the Path of Peace and Wisdom: Buddha Purnima Celebration



May 02, 2026

International Dance Day: Celebrating Rhythm, Expression, and Joy



May 05, 2026

Jal Pakhwada 2026



May 06, 2026

Labour Day Celebration



May 08, 2026

Investiture Ceremony Primary Wing





Young voices taking

mighty oaths



May 10, 2026

Mother's Day Celebration



May 14, 2026

Special Assembly (Rabindernath Tagore Jayanti)



May 19, 2026

THEATRIX 2026 – A CELEBRATION OF THEATRE, CREATIVITY AND EXPRESSION





May 27, 2026

Business Summit 2026



June 04, 2026

A Friendly Badminton Match 2026



Learning, competing and growing together



Every match brought energy and sportsmanship



FRIENDLY

BADMINTON COMPETITION

AT BLUE BELLS!



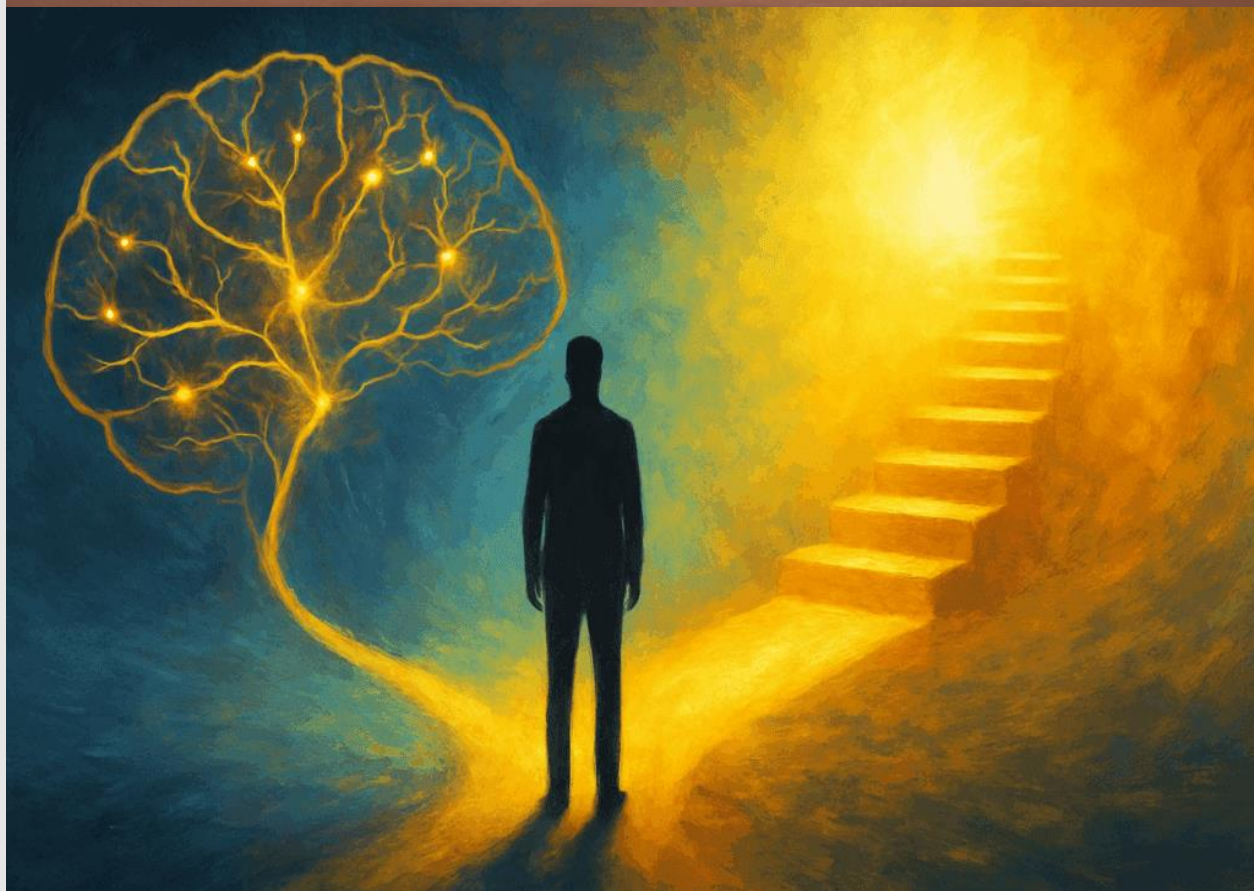
Health & Wellness: Building Healthy Minds and Resilient Futures

"To keep the body in good health is a duty, for only then can the mind remain strong and clear." — Buddha

At BD Blue Bells Public School, wellness is woven into the fabric of everyday learning. With a holistic vision of education, the Health & Wellness Programme nurtures physical vitality, emotional balance, and mental resilience through diverse initiatives, mindfulness practices, wellness drives, and experiential learning.

By developing self-awareness, empathy, and positive life skills, the programme empowers students to lead healthy, balanced, and meaningful lives, preparing them not just for academic success, but for life itself.

MANSVITA 2026 – THE NATIONAL INTER-SCHOOL WELLNESS ONLINE QUIZ BY EXPRESSIONS INDIA



BDBBPS Clinches First Position in Manasvita – The National Inter-School Wellness Online Quiz 2026

In the current era where academic prowess takes centre stage, it is imperative to emphasise the importance of emotional strength and mental wellness alongside compassionate thinking.

BD Blue Bells Public School, Gurugram, proudly celebrates the achievement of students Samya Sharma and Sarvathmika U.J., who were conferred the First Position and a Citation of Honour for their exceptional participation and enthusiasm in this event. A total of 20 schools across India participated and showcased their mettle in this quiz held on May 18, 2026.

Manasvita - The National Inter-School Wellness Online Quiz 2026 by Expressions India, a CBSE Empanelled agency to impart Life Skills Education in India, has been envisioned as a constructive effort to sensitise young minds to become ambassadors for the health and well-being of the nation. This competition was not merely a test of the students' intellect but also an illuminating expedition towards a thoughtful exploration into emotional resilience, mental health awareness, life skills and empathy through an examination of different aspects of whole wellbeing.

Building the Health & Wellbeing
Ambassadors for the Nation



Manasvita
मनस्विता

The National Inter School
Wellness Online Quiz 2026

Citation of Honour

This is to certify that Samya Sharma

of BD Blue Bells Public School, Gurugram

actively participated in the

The National Inter School Wellness Online Quiz - 2026
held on 18th May 2026

Awarded in Appreciation


Dr. Jitendra Nagpal
Program Director & Psychiatrist
Head - Instt of Mental Health &
Life Skills Promotion, New Delhi


Ms Geeta Mehrotra
Head - Program Development
Expressions India
National Master Trainer (Life Skills)

Building the Health & Wellbeing
Ambassadors for the Nation



Manasvita
मनस्विता

The National Inter School
Wellness Online Quiz 2026

Citation of Honour

This is to certify that Sarvathmika

of BD Blue Bells Public School, Gurugram

actively participated in the

The National Inter School Wellness Online Quiz - 2026
held on 18th May 2026

Awarded in Appreciation


Dr. Jitendra Nagpal
Program Director & Psychiatrist
Head - Instt of Mental Health &
Life Skills Promotion, New Delhi


Ms Geeta Mehrotra
Head - Program Development
Expressions India
National Master Trainer (Life Skills)

Building the Health & Wellbeing
Ambassadors for the Nation



Manasvita
मनस्विता

The National Inter School
Wellness Online Quiz 2026

Citation of Honour

This is to certify that Sonia Mehndiratta

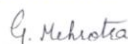
of BD Blue Bells Public School, Gurugram

actively participated in the

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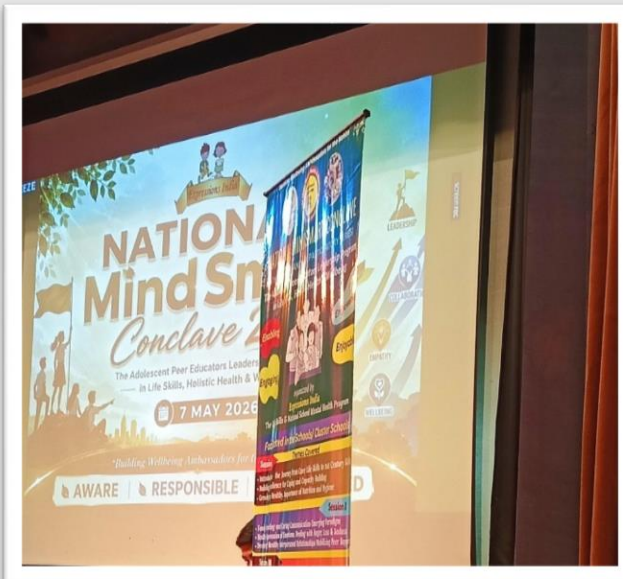

Ms Geeta Mehrotra
Head - Program Development
Expressions India
National Master Trainer (Life Skills)

National MindSmart Youth Conclave 2026

Hemank Yadav (Class XII C, Health & Wellness Ambassador), along with Peer Educators Aanya Arora (Class XA), Harnoor Brar (Class XB), and Dilisha Madan (Class XC), participated in the first workshop of the National MindSmart Youth Conclave on May 07, 2026.

More than a leadership programme, the conclave emerged as a deeply enriching human experience that encouraged young learners to explore the power of self-awareness, empathy, and meaningful connection. Through thought-provoking discussions, collaborative engagements, and reflective activities, participants discovered that genuine leadership is rooted not in authority, but in compassion, courage, and the ability to understand others.

The session inspired students to move beyond the pressures of comparison and embrace self-acceptance, resilience, and emotional well-being. Equally significant were the bonds formed with peers from diverse backgrounds, fostering mutual respect, inclusivity, and a shared sense of purpose. The experience reinforced a timeless truth: every voice has value, every individual has the capacity to make a difference, and even the smallest act of kindness can create a ripple of positive change in the world.



EVENTS ORGANIZED UNDER THE HEALTH & WELLNESS PROGRAMME

PARTNERING FOR PROGRESS: ORIENTATION PROGRAMME

A new academic year brings with it fresh beginnings, renewed aspirations, and countless growth opportunities. To warmly welcome students of Grades VI–IX and their parents into this journey, the school organised an engaging and insightful Orientation Day on 29 March 2026.

Among the key highlights was the introduction of the school's Health & Wellness Programme, a holistic initiative dedicated to nurturing students' physical, emotional, and mental well-being. Parents were acquainted with the programme's various components designed to foster a safe, balanced, and supportive learning environment. Particular emphasis was laid on the integration of mindfulness practices twice each day, encouraging students to cultivate focus, resilience, and inner balance as an integral part of their everyday school experience.



Stepping Forward with Confidence: Empowering Grade VI Students for a New Beginning

“Growth begins the moment we move beyond the familiar.”

The shift to Middle School marks an important step in a student's growth, bringing new experiences and expectations.

In a pre-transition activity, students expressed their thoughts and feelings through creative presentations about entering a new phase. This was followed by an interactive session focusing on self-awareness, adaptability, and effective communication. Simple strategies like time management and how to prioritise their tasks were introduced to help them adjust with ease, as the academic load increases.

A particularly meaningful dimension was added when Grade VII students shared their personal journeys. Their genuine reflections, filled with relatable moments and small triumphs, offered reassurance and inspiration, bridging the gap between uncertainty and confidence.

The session successfully offered both emotional and academic support, ensuring that students feel guided, reassured, and well-equipped as they embark on this important stage of their educational journey.





“Setting goals is the first step in turning the invisible into the visible.”— Tony Robbins

To guide students at a crucial academic stage, the Health & Wellness Programme conducted a Goal Setting Session for Grades X and XII on April 9 & 10, 2026.

The session highlighted the importance of planning and introduced effective ways and steps of goal setting, helping students differentiate between short-term objectives and long-term aspirations.

Students were familiarized with the concept of SMART Goals (Specific, Measurable, Achievable, Relevant, Time-bound) to bring clarity and structure to their goals. Through an engaging activity, each student created an action plan, identified possible barriers, and explored solutions. The session also emphasized time management and strategies to enhance productivity, along with the role of reflection in aligning goals with personal strengths and values.

The session saw active participation and meaningful discussions, concluding on a positive note with students feeling more focused, self-aware, and confident in planning and achieving their goals.



Puberty Session for Middle School Boys: Growing Up with Awareness, Confidence, and Care

An insightful session on Understanding Puberty was conducted for the boys of Grades VI and VII on April 22, 2026.

The session unfolded as a meaningful blend of knowledge, sensitivity, and reassurance. It was facilitated by the school doctor, Dr. Sanjay Bhatt, who addressed the multifaceted changes of adolescence-physical, emotional, social, and psychological-with remarkable clarity, warmth, and strong scientific grounding.

What truly distinguished the experience was the safe and inclusive environment he fostered, where students felt encouraged to express their curiosity, ask questions freely, and have their doubts addressed with patience, respect, and understanding.

From demystifying hormonal changes to emphasising the importance of personal hygiene and emotional well-being, the session gently empowered students to accept and embrace this transformative phase of life.



STUDY SKILLS MODULE

"The effort you invest today blossoms into tomorrow's achievements."

BD Blue Bells Public School conducted a Study Skills session for Class IX students on April 30, 2026. The session was facilitated by Ms. Chetna Vashisht, Associate Psychologist at My Peegu, who guided students on effective study techniques, time management, and maintaining focus amidst academic challenges.

The session began with an introduction to the stress loop, helping students understand how avoidance often increases stress rather than reducing it. Students were then introduced to evidence-based learning strategies, including retrieval practice, spaced learning, learning through mistakes, and active learning, emphasizing their role in improving understanding and retention.

In the final segment, students explored the four major learning styles: Visual, Auditory, Reading/Writing, and Kinesthetic. Practical strategies for each style were discussed, enabling students to identify their preferred learning methods and make studying more effective and less stressful.

Outcomes of the Workshop

Developed awareness of common study myths and ineffective learning habits.

Understood the importance of quality learning over time spent studying.

Recognized the impact of stress, avoidance, and thought patterns on academic performance.

Learned practical techniques such as retrieval practice, spaced learning, and active learning.

Gained insight into individual learning styles and personalized study strategies.

Encouraged to adopt intentional, strategic, and confident study habits.



LAUGHTER YOGA SESSIONS AT BDBBPS

“Laughter is the sun that drives winter from the human face.” – Victor Hugo

Laughter is a powerful tool for nurturing emotional well-being, relieving stress, and strengthening human connections. To promote holistic wellness and mindful living, BD Blue Bells Public School organised an invigorating Laughter Yoga Session under the aegis of the Health and Wellness Programme on May 04 and May 06, 2026, for the students of the Primary and Middle School, respectively.

The session beautifully combined yoga with the healing power of laughter, creating a joyful and stress-free atmosphere across the campus. Students enthusiastically participated in rhythmic clapping, breathing exercises, stretching routines, laughter techniques, and Aum chanting, experiencing the therapeutic benefits of mindful movement and cheerful expression.

The vibrant session not only encouraged physical fitness and emotional balance but also inspired students to embrace positivity and wellness in their daily lives. Their radiant smiles and enthusiastic participation reflected the success of the initiative, reaffirming the school's commitment to nurturing happy, healthy, and emotionally resilient learners.





World No Tobacco Day 2026

The school observed **World No Tobacco Day** on **May 26, 2026**, through a meaningful and awareness-driven assembly that echoed the importance of making healthier and more responsible life choices. Aligned with the 2026 theme, “Unmasking the Appeal – Countering Nicotine and Tobacco Addiction,” the Programme supported the Ministry of Health and Family Welfare’s TB Mukt Bharat Abhiyan. The students were sensitised to the alarming connection between tobacco use and serious illnesses such as tuberculosis and other respiratory diseases.

The assembly, presented by **Peer Educators from Grades IX to XII** under the leadership of Hemank Yadav, Health & Wellness Ambassador, featured an impactful video and an insightful presentation portraying the devastating effects of tobacco on the lungs and overall well-being. The Health & Wellness Ambassador apprised all about the ill-effects of tobacco and how it acts as a catalyst in the spread of TB. He also encouraged the learner to rise above peer pressure and choose wellness over harmful habits.

The observance concluded with a collective pledge and signature campaign, reflecting the shared resolve of the Blue Bells community to work towards a healthier, tobacco-free future. The initiative left behind not just awareness, but a deeper sense of empathy, responsibility, and courage among students to become advocates of positive change in their communities.







TEACHERS

EMPOWERMENT PROGRAM

Nurturing the Inner Self: A Journey of Reflection and Growth, A Session on Self-Awareness – The Inner Self

As part of its Health & Wellness Programme, the school in collaboration with My Peegu, conducted a transformative teacher training session on Self-Awareness under The Inner Self module on April 18, 2026. The session was facilitated by Ms. Chetna, Psychologist from My Peegu.

Through meaningful reflections, shared experiences, and insightful discussions, teachers explored the profound impact of understanding their emotions, thoughts, and responses. The session underscored a powerful truth: before educators shape young minds, they must first understand and nurture their own inner world.

A collaborative Art Therapy activity became the heart of the session. As teachers transformed blank sheets into collective creations, they discovered a timeless lesson—life may present the unexpected, but our responses shape the masterpiece. The exercise beautifully reinforced the values of mindfulness, emotional resilience, and conscious choice.

The session left participants with a renewed understanding that teaching is not merely a profession; it is a reflection of the self. When educators grow in self-awareness, they create classrooms filled with empathy, connection, and inspiration.







IMPORTANCE OF CAREER COUNSELLING

- ✓ Personalized Guidance
- ✓ Clarity on Career Objectives
- ✓ Skill Development
- ✓ Career Planning
- ✓ Support during Transitions



Career Counselling Initiative: Shaping Informed Decisions

To help students make confident, well-informed career choices, BD Blue Bells Public School organised a three-day Career Counselling Programme. Ms. Jaya Mukerjee, Ms. Bindu Jaggi and Ms. Manju Panwar, experienced educators and career counsellors from iDreamCareer convened the sessions.

The initiative began with a Career Awareness Session for Grade XI students, followed by personalized counselling sessions. Students explored a wide range of conventional and emerging career opportunities, gaining insights into evolving professional landscapes and future-ready pathways.

A key highlight was the psychometric assessment-based counselling conducted with students and their parents. These interactive sessions provided valuable insights into individual aptitudes, interests, and personality traits, enabling informed academic and career planning.

The programme empowered students to align their aspirations with their strengths, reaffirming that thoughtful guidance, self-awareness, and parental support are essential to building meaningful and fulfilling futures.





Career Counselling Programme: A Journey From Potential to Purpose

"A career is not simply a destination; it is a journey of discovering one's strengths, aspirations, and purpose." With this vision, BD Blue Bells successfully conducted the first phase of its Career Counselling Programme for students of Classes IX and X during April and May 2026. The initiative witnessed enthusiastic participation from both students and parents, reflecting a shared commitment towards informed career planning.

To ensure greater accessibility and engagement, dedicated online sessions were organised for parents. These interactive discussions highlighted the significance of making thoughtful career choices in an ever-evolving world and explored emerging career opportunities, future-ready skills, aptitude, and personal interests.

The professional career counsellors from iDreamCareer encouraged students to look beyond societal expectations and external influences, empowering them to make independent and informed decisions. Through meaningful conversations and guided reflection, students were inspired to recognise their unique talents, passions, and aspirations while exploring diverse career pathways aligned with their individual potential.

An important component of the programme was the psychometric assessment conducted in the school computer laboratory. These scientifically designed assessments provided valuable insights into students' aptitude, personality traits, interests, and career inclinations, enabling them to better understand themselves and make more informed academic and career choices.



WELLNESS WISE BY DR. ALKA

‘Calmness in mind is one of the beautiful jewels of wisdom.’ James Allen

AUTHOR PROFILE



Dr. Alka Saxena

Dr. Alka Saxena is an avid advocate of the socioemotional well-being of children. She earned her MBBS from the prestigious...

Dr. Alka Saxena is a futurist who is constantly working to integrate the best emergent practices of Health & Wellness with education. She created her blog, Wellness Wise by Dr. Alka. The purpose was to reach out to a broad audience with the aim of sharing her vast knowledge and practices on life skills, health, and wellbeing. Her blog postings, based on her experiential knowledge as an educator, cover a wide range of topics which connect and relate to all age groups alike.

<https://wellnesswise.in/wednesdaywellness-4/>

Wellness Wise Social Media Uploads

Monday: Quotes from Wellness Wise Blog

Tuesday: Thoughtful Tuesday creative on Critical thinking, Problem-Solving, Lateral Thinking, Aptitude questions, Puzzles on County names and unfinished statements, etc.

Wednesday: Wellness Wise Blog

Friday: School activity / Video on infographic content from Wellness Wise blog

Saturday: Selfcare Saturday content on Environmental Selfcare, Recreational Self-Care, Spiritual Selfcare, Social Selfcare, Emotional Selfcare, Eco-Friendly Selfcare, Mindful Eating, Breakfast Selfcare, Feather Breathing, Self-care routine, Handling Burnout.

‘Self-Care is not being selfish’, Selfcare - Myths vs Facts, Self Compassion, Incorporating Yoga into Your Self-Care Routine, Assertive Communication, music for the soul, Self-care can become challenging and hard to adhere, Self-care during festivals, Staying Active during festivals, Eating right during festivals, etc.

Blog Link of Wellness Wise by Dr. Alka-

<https://wellnesswise.in/>

Instagram Links-

<https://www.instagram.com/wellnesswisebydr.alka?igsh=MTFhcDZ3cGRrMzJ4Zg==>

https://www.instagram.com/dr_alkasaxena/?hl=en

Facebook Link –

<https://www.facebook.com/profile.php?id=61550726024471&mibextid=ZbWKwL>

LinkedIn Links -

<https://www.linkedin.com/company/adept-a-program-for-enhancing-life-skills/>

<https://www.linkedin.com/company/dr-alkasaxena/>

Dear Reader

As we bring this edition to a close, we are reminded that every accomplishment, whether great or small, is born of perseverance, purpose, and the collective spirit of a community committed to growth and excellence. The journey of learning and discovery is shaped not only by milestones achieved but also by the values we uphold, the bonds we foster, and the experiences that enrich our lives.

We extend our heartfelt gratitude to all our readers and well-wishers for their continued encouragement and support. As we look ahead, may we embrace new opportunities with optimism, navigate challenges with resilience, and celebrate every achievement with humility and grace. Until our next edition, may our days be guided by purpose, enriched by learning, and illuminated by moments of joy, growth, and fulfilment.

Warm Regards

Editorial Team

BD Blue Bells Public School

Sector 10, Gurugram

Thank You

